

# Comprehensive Relational Assessment

*Renew*  
relationship Counseling



Your assessment will begin with an Assessment of Relational Efficacy which looks at 20 unique areas of your relationship and how effective you and your partner are in those areas. These 20 areas are measured from the viewpoint of both partners: both partners assessing themselves and their partner in each of these areas. Next, the assessment looks at the 6 Key Areas that partners most commonly struggle in and highlights the experience each partner is having in those key areas. This is followed by a Relational Dynamics Assessment that dives deeper into the Communication, Emotions, Tolerance, Closeness, and Power & Control in the relationship. Finally, a Perspective Assessment is used to help bring to the surface deeper thoughts and feelings that each partner has about themselves and about each other.

Once this assessment is completed, the results will be thoroughly reviewed with you during a 50-minute consult session (included), along with strategies to help you give your relationship the best chance for success!

[Watch a Video About the Assessment!](#)