

Facilitating Hope, Healing and Fulfillment



Ryan Hawks is a licensed Clinical Mental Health Counselor. Beginning his with a Bachelor's Degree in recreation therapy from Brigham Young University and subsequent experience working for nearly a decade as a recreation therapist, Ryan believes strongly in experiential learning and helping clients challenge their comfort zone. Ryan expanded his professional capabilities by obtaining a degree in Mental Health Counseling from the University of Phoenix, which greatly deepened his love and understanding of others.

Ryan has experience treating a wide variety of concerns, including anxiety, depression, addiction, trauma, attachment, grief and loss, couples and families, and relationship concerns. Ryan has a calm, supportive, and understanding demeanor, with sophistication to support healing at the heart of the concerns. His caring and non-judgmental approach makes him easy to connect with and talk to.

Ryan has worked with a variety of populations ranging from individuals on the autism spectrum, at-risk adolescents, families working through relational and marital concerns, and individuals struggling with pornography addiction. In each setting, Ryan seeks to help his clients find "light-bulb moments" wherein they feel empowered to make changes to improve their life. He continues to utilize experiential methods to teach and counsel.

Ryan has been married for over 11 years and is father to 4 beautiful kids. When Ryan is not supporting others professionally, he enjoys graphic design, playing with his kids, and being in the outdoors.

Contact Info:

Phone: 801-477-4084

Email: Ryan@RenewRelationshipCounseling.com

Location: Renew Relationship Counseling 815 W 450 S Ste.#110 Springville, UT 84663