

Facilitating Hope, Healing and Fulfillment



Lisette Snyder is a Licensed Clinical Social Worker (LCSW) with experience ranging from working with children and teens struggling with behavioral issues, to adults dealing with a variety of serious mental health struggles. Lisette completed her Family Life degree with an emphasis in Family Studies and a minor in Japanese. Upon receiving her undergraduate degree, Lisette worked at the Heritage Community, a residential treatment center for teens. It was through her experience at the Heritage Community that Lisette discovered how vital relationships and quality mental health care are in helping individuals and families grow and succeed. Observing the tremendous impact that things like individual trauma or a couples' relational health can have on families and children, paved the way to Lisette's work with couples.

Lisette has experience in the treatment of addiction, substance abuse, trauma, grief, couples' issues, depression, anxiety, OCD, attachment injuries, behavioral problems in children and teens, parent-child dynamics, and family issues. Lisette is genuine, kind, understanding, and compassionate. Her warm, relatable nature makes her easy to connect with and open up to. Lisette believes strongly in the importance of individual mental health in the creation of healthy relationships and uses this emphasis to instill hope and strength in her clients. In her free time, Lisette enjoys playing the piano, going on drives, playing video games, and most of all, being a mom to her two crazy little boys!

What People Are Saying:

"Lisette is an amazing therapist!! She is a great listener and has helped me through my hard times. She is understanding and very kind with how she speaks. I definitely recommend her!"